

#### **Employee Newsletter**

Volume I, Issue V

October 2006



# CONGRATULATIONS!! Senior Plans Examiner Roger Lovell

Roger loves challenges — from the adrenalin-rush of extreme sports to the thrill of being a new "Daddy." Added to that is his recent promotion to Senior Plans Examiner. Having joined RBD as a Construction Plans Examiner in June 2002, Roger has demonstrated his abilities to review plans, explain codes,

and successfully resolve sensitive customer service issues. As Senior Plans Examiner, he will coordinate the plan check activities and act as the liaison between plans review and the front counter when technical expertise is required. Prior to joining RBD, Roger worked for Consulting Structural Engineers for five years. His engineering accomplishments include the Navigators World Center, Compassion International and the NFL Stadium in Denver. Roger is a Colorado licensed Professional Engineer, and earned a Bachelor of Science degree in Structural Engineering from the University of Wyoming.

Roger and his wife Hallie are proud parents of 3month old Parker Wilson Lovell. Having a new son on board hasn't curbed their enthusiasm for competing in "rockcrawling" events. The Lovell Rock Racing team has won first place for three years on the national professional circuit, and have an impressive list of sponsors that include Fabtech, Goodrich Tires and Ford. The team consists of Hal-



lie, Roger and his brother and sister-in-law, Brad and Natalie Lovell. "Parker has been to two of the rockcrawling events," says Roger, "and seems to enjoy road trips." Unknown is whether Parker will inherit his parents' passion for "off road" trips!

## SPOTLIGHT ON... Karen Rostvold

Karen could win any trivia game based on the historical, humorous or odd street names in this region. The enumerator recently gave a presentation to staff about the Enumerations Department that assigns addresses within the jurisdictions served by RBD. As the Enu-

merator, Karen works closely with other agencies, including E-911 and Colorado Springs Fire Department. One of the more unusual aspects of her job is the fielding requests by homeowners to change addresses because of superstitions about numbers. She tells them that unfortunately, "superstition" doesn't meet the criteria to request a change of address.



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## Your 2007 Open Enrollment Period begins October 23, 2006 and ends November 13, 2006 at midnight

In an effort to prepare you for this year's Open Enrollment, we are providing you with the 2007 rate schedule for your medical plan as well as a highlight of plan changes for the coming year.

The city is self-insured for its health plans, which include medical, pharmacy, dental, and vision. The premium cost of these plans is directly linked to claim expenses and in 2007, it will be necessary to increase medical premiums to match expenses.

Both the EPO and EPO-Mid Level medical plans allow you and your dependents to use the County-City Employee Medical Clinics for only \$5.

Below are the 2007 semi-monthly medical plan rates for full-time employees:

#### **EPO Medical Plan Rates:**

Level of Coverage	Total Plan Cost	Employer Share	Employee Share	Cash Back
Waiver				\$25.00
EE Only	\$196.50	\$179.00	\$17.50	\$0.00
EE+SP	\$376.50	\$263.50	\$113.00	\$0.00
EE+CH	\$357.50	\$250.00	\$107.50	\$0.00
EE+FM	\$545.50	\$382.00	\$163.50	\$0.00

#### **EPO Mid-Level Medical Plan Rates:**

Level of Coverage	Total Plan Cost	Employer Share	Employee Share	Cash Back
Waiver				\$25.00
EE Only	\$125.50	\$125.50	\$0.00	\$0.00
EE+SP	\$254.50	\$242.50	\$12.00	\$0.00
EE+CH	\$242.00	\$230.50	\$11.50	\$0.00
EE+FM	\$366.50	\$351.50	\$15.00	\$0.00

#### 2007 Plan Change/Clarification Highlights

**Note:** In the event of a contradiction or discrepancy between these benefit plan change highlights and the Medical Benefits Plan or applicable Summary Plan Description (SPD), the Medical Benefits Plan or SPD will prevail.

#### Medical Plan Changes

- \$3,000,000 individual lifetime maximum benefit for both plans
- New Diabetes Care Management Schedule of Benefits that provides a more comprehensive level of coverage.
- Weight Loss Schedule of Benefits places more emphasis on alternative, non-surgical interventions and/or other step therapies for weight management and control before surgery is considered.
- Foot Care Exclusion does not apply to individuals who have been diagnosed with diabetes and/or peripheral
  vascular disease (vasculitis) as otherwise covered under the Plan.
- Alternative Medicine Benefit increased to Plan Year Family Maximum of \$500.

#### \*\*OPEN ENROLLMENT FOR RBD EMPLOYEES\*\*

Monday, October 23 8:40am primarily for inspectors Monday, October 23 1:30pm primarily for Office staff Friday, October 27 9:00am primarily for Bev's group Friday, November 3, 8:40am primarily for inspectors





## **Birthday Club**

The Birthday Club is now hosting potlucks at the end of every month. All office staff members are welcome to attend. The next potluck is scheduled Friday, October 27. Each month a sign-up sheet is placed in the staff lounge on the HR board.

Please join us for lunch....

## **Certification Update**

## Congratulations to:

Mike Augenstein: ICC Residential Building Inspector Certification

Andy Barker: ICC Commercial Building Inspector Certification

**Bob Croft:** ICC Building Official Certification

**Scott Ross:** Plumbing Inspector UPC Certification

Larry Walsh: ICC Mechanical Plans Examiner Certification



## **BOO AT THE 200!**

The "Boo at the Zoo" is an annual event held at Cheyenne Mountain Zoo. This event provides a safe environment for our children to trick-or-treat during the Halloween season. Since its inception, the "Boo at the Zoo" program has continued to grow. For the third year in a row, the Colorado Springs Police Department is privileged to be asked to participate in this wonderful community event. This year the Colorado Springs Police Department will be participating on October 22nd, 23rd, and 24th from 5:30-8:00 p.m. Tickets can be purchased for \$10.00 (Non-member) or \$5.00 (Member) at the Zoo, King Soopers or online: www.cmzoo.org

## **Birthdays**

#### October

John Whitmore Oct 8
Bert Warchol Oct 10
Melanie Bryant: Oct 12
Robert Brown Oct 13
Douglas Rykerd Oct 23
Marianne Mallon Oct 26

#### November

Eric Reinhardt Nov 3
Joel Segura Nov 9
Jeffrey Evans Nov 13
David Hendrian Nov 14
Robert Palmer Nov 23



Dale Hoke Oct 23 Richard Roberts Oct 28

Jeremy Glenn Nov 5
Angela Lehr Nov 11
Louis Lopez Nov 13
Daryl Kuiper Nov 23
Chris Morin Nov 26

## Riddle Of The Month

What horse never goes out in the day time?

## **Anniversaries**

#### **October**

Greg Cowan	14 years	Tim Bush	10 years
Lee Devlin	8 years	Angela Lehr	8 years
Ron Walker	8 years		
Tim Condit:	7 years	Lynn Shrewsbury	7 years
Heather Lea Matt Johnston	6 years 3 years	Shelley Savage Renee Adams	6 years I year

#### **November**

Douglas Rykerd	7 years	Tim Langness	4 years
Robert Palmer	l year	Brett Phillips	I year

## October 2006

## Quote of the Month

"In any moment of decision, the best thing you can do is the right thing. The worst thing you can do is nothing."

- Theodore Roosevelt

Riddle of the Month

Answer: Nightmare

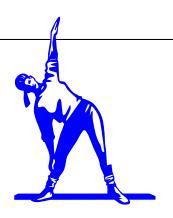
### **REACH YOUR PEAK...**

Begins Sept. 18, 2006 Ends Oct. 15, 2006

Points must be entered by: Oct. 25, 2006

You can earn up to 2 points a day for your efforts: 1 point per day = 10 minutes of physical activity 1 point per day = 5 servings of fruits and vegetable

Enter points by accessing your account: www.ccreachyourpeak.com





## **FLEXIBLE SPENDING ACCOUNT (FSA)**

When you use an FSA, you save money by reducing your taxable income. The funds that you set aside from your paycheck are pre-tax to reimburse you for qualified expenses for yourself, your spouse, and any dependents claimed on your federal tax return.

There are two types of FSA's: Medical FSA & Dependent Care FSA. The Medical FSA can reimburse you for eligible expenses you or your dependents have incurred which are not paid by your existing health care plan including OTC drugs for medical conditions. The Dependent Care FSA can reimburse you for daycare expenses provided for your dependents so that you (and your spouse, if you are married) can work. Care must be for a dependent child under age 13, or a dependent of any age that lives in your household and is incapable of self-care.

## 2007 Give H.O.P.E Campaign

#### September 18 — October 6

Employees can make a monetary pledge, a one time donation, or a monthly contribution. You can donate to any agency of your choice as well as any of the city's partnering agencies listed below. For more information, check out the HOPE Giving Campaign on Wednesday, October 4, from 11am to 2pm at CAB 102.

**CARE & SHARE** COMMUNITY HEALTH CHARITIES **COMMUNITY SHARES** PIKES PEAK UNITED WAY POLICE ATHLETIC LEAGUE PROJECT C.O.P.E

A pledge can be made using the online form under Employee Self Service, https://eselfserve.springsgov.com

Roger, Russ, Tim & Ron perform a necktie experiment to defy gravity.





Thanks John, Jan, Sharon and all who participated and helped make our Staff Appreciation lunch a success on August 25.

Creative ideas! Please send an email to Heather Keeling-Silva or Renee Adams.