



# WELCOME

## New Team Members Spotlight



SHELBY ERICKSON

Shelby, originally from North Dakota, has been living in Colorado since 1997. Shelby and his wife have four cats. His parents are also living in Colorado Springs and he has one sister. In his spare time, he likes to mountain bike, snowboard, river raft, read and weight lift. He has been working in the Electrical Field since 1991 which he began by helping out a friend and found out that he actually enjoyed this field. One of the most interesting elements of his job is the mental challenge of learning the code. Welcome!



LARRY WALSH

Larry is originally from Los Angeles, California. His plethora of experience includes 10 years working as a plumbing contractor and 15 years as a mechanical engineer. He transplanted from California with his wife Lana, and their 2 year old son Alexander. On his down time he enjoys computers and gardening. What he has found to be the most challenging since coming to RBD is learning the local codes (i.e. RDB amendments). He enjoys his job because no two days are the same. Welcome!



TOM SANDOVAL

Born and raised in Pueblo, CO, and known to his friends as Tom-O, he has over 20 years experience in the commercial sheet metal industry with a few years in residential HVAC. He just celebrated his 9th anniversary with his wife Diane. Congrats! He is also the proud dad of son Mark, a student at Palmer High School, who plays ice hockey and Lacrosse on varsity. Tom enjoys spending time with his family camping, mountain biking, rock and ice climbing, hiking 14ers, and traveling to new places. Welcome!

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## New Team Members Spotlight Continued:



NANCY SWEARENGIN

Nancy is a Colorado Springs native. Her family includes her mom and brother. She started in the industry by working with her dad. She has spent 19 years doing HVAC, layout, fabrication and installation of equipment and duct work (primarily commercial and remodel). Nancy enjoys her job because she loves the sheet metal trade. On her time away from work, Nancy enjoys bicycling, hiking, and camping. Nancy's funniest encounter since she started has been the fruity coco nutty soap in the bathroom. It is like summer every time you wash your hands. Welcome!



MELANIE BRYANT

Melanie originally hails from Vidor, TX, which is a little "one horse" town that is very flat, hot, and humid. Most of her family still resides there. She has been in construction since she was 19. She is a carpenter by trade and of the years spent in construction: 7 were in Industrial, 10 in residential, 5 in commercial, 9 as a project superintendent and 3 in auto mechanics. Her hobbies include hiking, camping, reading (mostly psychology) and soccer, which she has spent a lot of time coaching kids. She does have a nickname, given to her by some fellow co-workers in TX, "Tiger" pronounced "tee-gray". That is French (Cajun) because she is Cajun French! Welcome!



NATHAN RODEBACK

Nathan is originally from Washington state. He began working in construction at the age of 17. At 22, he began framing houses, and was a maintenance manager for 32 apartments, and 6 houses. At 25, he became the framing foreman for a small building company until his recent transition to RBD. The building industry is a family affair. His dad, four brothers, and wife are all actively working within the industry. Nathan and his wife have two boys, Dylan (13) and Dakota (10) and one girl, Ashley (12). His interests include riding motorcycles (dirt), camping, hiking, and reading. He enjoys working in the outdoors and loves seeing what is possible in this industry. Welcome!

Pikes Peak Regional Building Department



Congrats to Heather Lea who was promoted to the Plan/Permit counter!

## Quote of the Month

**"Whether you think that you can, or that you can't, you are usually right".**

- Henry Ford  
1863-1947

## Riddle of the month

Where do fish keep their money?  
Answer on pg. 4

# Employee Recognition

## PROMOTIONS

Please join us in congratulating several of our recently promoted staff:

**Curtis Martinell, Assistant Building Official.** While one of Curtis's responsibilities is to step in to fill in for the Building Official, another primary duty is to oversee Field Operations. In his new role, Curtis will directly supervise all of the Field Supervisors and provide leadership and direction to those Divisions.

**Bob Croft, Operations Manager.** Bob's role is to provide oversight for the day to day operations of plan review, permitting, licensing and floodplain/enumerations. In this newly created position, Bob is tasked with ensuring a smooth flow of daily operations and excellent customer service. Bob will provide supervision to the leaders of the above functions. All plans examiners and plan review functions will fall under Bob's scope of responsibilities.

**Jim Pepper, Building Field Supervisor.** Jim is directly responsible for supervising the Building Inspectors and overseeing field operations for the Building Division. Jim will be the main point of contact for variance issues related to Building Codes.

**Frank Atchison, Sr. Building Inspector.** Frank serves as the point person on a day to day basis to assist customers, clarify code related questions for field staff, train new employees and help the Division move toward a clearer understanding of how calls should be made in the field.

**Jim Vernon, Mechanical Field Supervisor.** Jim will take over the Mechanical Division and supervise field operations in that area. Jim will also oversee variance requests related to Mechanical Codes.

**Jack Arrington, Sr. Mechanical Inspector.** Jack will provide support to the field supervisor by training new staff, providing customer service, and helping the division move toward consistency.

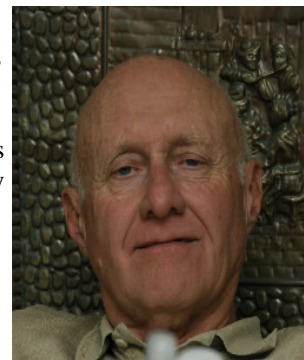


Speak no evil,  
hear no evil, see no evil

## RETIREMENT

RBD says goodbye to Clovis Johnston. Clovis has been a Building Inspector with PPRBD since January, 1993. His retirement gathering was held on Thursday, June 29, 2006. His 13 years at RBD have been eventful in many ways. Clovis always worked extremely hard logging in high numbers in roofing inspections and plan review overtime. He always worked in a professional way and represented the department respectfully in the field to contractors and the public. At his retirement gathering it was hard to find a moment to speak to the popular man of the day. Tim Swatzell and his band of chefs cooked up a breakfast of green chili and burritos. It was a feast to write home about. We will all miss Clovis and his work ethic. We will also miss his sense of humor and his alertness at all building inspector's meeting. (Certain things and people can never be replaced.)

Thanks for the memories...



Clovis Johnston

## Anniversaries



JUNE:		JULY:	
Sharon Falcone	1 year	Rondal Glenn	1 year
Matt Seebach	2 years	Owen Graff	1 year
Roger Lovell	4 years	Dean Wemmer	1 year
Jack Arrington	5 years	Timothy Swatzel I	2 years
Timothy Crippen	5 years	David Jaeger	3 years
Leland Guthrie	6 years	Dorothy Herrera	5 years
Chris Morin	6 years	Karen Rostvold	7 years
Daryl Kuiper	7 years	<b>Martin Williams</b>	<b>23 years</b>
Joseph Serio	16 years		
<b>Blake Nunnelley</b>	<b>21 years</b>		
AUGUST:		Tom Furman	1 year
Jon Dickey	4 years	Jeff Hannasch	6 years
Dave London	10 years	Mike Cohagan	10 years
Jan Meyers	12 years	Frank Atchison	13 years
John Whitmore	13 years	Kye Lehr	13 years
Jim Pepper	14 years	<b>Jim Vernon</b>	<b>20 years</b>

## Birthdays



OOPS.....May 27 Jack Arrington

June 3	Jon Dickey	June 5	Larry Walsh
June 8	Davie Jaeger	July 8	James Pepper
July 11	Brett Phillips	July 17	Leslie Gruen
July 27	Stephen Harlan	July 28	Heather Lea
July 30	Pattie Starling	Aug 1	Bev Patterson
Aug 3	Mindy Stuemke	Aug 7	Lynn Zezula
Aug 8	Tom Evancich	Aug 9	Shelby Erickson
Aug 14	Matt Johnston	Aug 17	Dan Friedell
Aug 27	Nathan Rodeback	Aug 27	Karen Rostvold
Aug 31	Scott Ross		



## Riddle of the month

Answer:  
On the  
riverbank.



## Certification

Congratulations to:

**Chris Morin-**  
ICC Residential Building  
Inspector Certification

**Shelby Erickson-**  
ICC Residential Electrical  
Inspector Certification  
ICC Commercial  
Electrical Inspector  
Certification

**Ted George-**  
ICC Commercial  
Mechanical Inspector  
Certification

**Dave Hendrian-**  
ICC Commercial  
Mechanical Inspector  
Certification

**Dick Roberts-**  
ICC Commercial  
Mechanical Inspector  
Certification

**Andy Barker-**  
ICC Residential Building  
Inspector Certification

**Mindy Stuemke-**  
ICC Certified Permit  
Technician

Coming next  
month:  
EAP UPDATE

## PERA Member Update

### Clarification to Media Reports on PERA's Funded Status

Recent news reports indicating that PERA's funded status has deteriorated are misleading. In fact, PERA's funded status has improved. PERA's actuaries had expected the unfunded liability of the PERA trust funds to be \$13.8 billion at the end of 2005. (The pension plan has an unfunded liability when future benefits owed are greater than assets on hand.) When all actuarial gains and losses have been taken into account for 2005, PERA's unfunded liabilities totaled \$12.4 billion or \$1.4 billion less than was expected for 2005.

Additionally, this number was determined without calculating the impact of important PERA reform legislation enacted in 2006 (which PERA supported). PERA's unfunded liabilities are expected to decline further when projections are made that include the benefit changes contained in SB 06-235 for members hired after January 1, 2007. When the actuary projects the impact of the legislative changes, the projections indicate that all divisions will reach the statutorily prescribed amortization period on unfunded liabilities within the 30-year actuarial projection period.

Find the latest PERA news at: [www.copera.org](http://www.copera.org)

## Reach Your Peak Wellness Program:

Reach for 5 Fruit and Vegetable Challenge:

Consuming at least 5 servings of fruit and vegetables is an important part of a healthy diet that may reduce risk of cancer, heart disease, stroke, type II diabetes, and other chronic diseases. Fruits and vegetables also provide nutrients vital for health and maintenance of your body. The reach for 5 challenge encourages you to improve your health by consuming more fruits and vegetables. The goal of this challenge is to consume 100 servings and earn 5 wellness credits. Go to [www.ccReachYourPeak.com](http://www.ccReachYourPeak.com) and click on

"Current Challenge" to keep track of your servings.

Tips for eating more fruits and vegetables:

Wake up with juice at breakfast	Include fruit in your lunch bag	Eat a small box of raisins for a snack
Eat peas or beans with dinner	Drink fruit in a smoothie	Eat broccoli, carrots, or celery w/a dip
Add a banana or berries to cereal	Have a bowl of applesauce for dessert	Cool off with 100% fruit juice popsicles

## Some Signs That You Are Cracking Under Pressure

"More than half of workers said they work under a great deal of stress, and 77% said they feel burnout on the job, according to a nationwide survey by CareerBuilder.com." Here are some signs you're cracking under work's pressure: your co-workers are walking on eggshells around you. You come in late and want to leave early. Apathy has replaced enthusiasm. You've lost camaraderie with co-workers. You're feeling physically sick.

If you recognize these signs or feel overwhelmed by work, here are some ways to ease the pain:

Organize and prioritize	Identify the culprit	Delegate
Manage expectations	Don't sweat the small stuff	Eliminate distractions
Put down the 'Crackberry'	Lose those unrealistic expectations	
Don't neglect your health	Have some down time	

Haefner, R. (May 17, 2006) [Survey: Co-workers most often source of stress](http://www.careerbuilder.com), CareerBuilder.com  
CareerBuilder.com. Retrieved May 17, 2006 on the World Wide Web: <http://www.ccm.com>

## Local Activities:

Colorado Springs presents movie night at  
America the Beautiful Park



- **July 13** Chicken Rune
- **July 20** Indiana Jones-Raiders Of The Lost Ark
- **July 27** Ferris Bueller's Day Off

\* All movies start at 9pm

Please send newsletter suggestions or comments to Heather Keeling-Silva or Renee Adams.