



WELCOME

New Team Members Spotlight



Bert Warchol

Building Inspector

Originally from:

Chicago, IL

Background:

Residential Construction,
Custom Stairs

Years in Industry: 23



Dale Hoke

Residential Mechanical
Plans Examiner

Originally from:

Pueblo, CO

Background:

HVAC

Years in Industry: 16



David Hendrian

Mechanical Inspector

Originally from:

Michigan

Background:

HVAC

Years in Industry: 25

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Dick Roberts

Mechanical Inspector

Originally from:

La Junta, CO

Background:

Heating & Plumbing

Years in Industry: 30



Ed Krute

Building Inspector

Originally from:

Upstate New York

Background:

Commercial Construction

Years in Industry: 21



Jeff Evans

Plans Review Tech

Originally from:

Texas

Background:

Diverse

Years in Industry: 8



Pattie Starling

Office Specialist

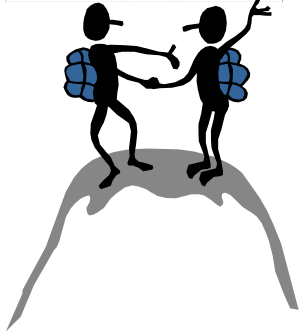
Originally from:

Everywhere

I'm an Army brat!

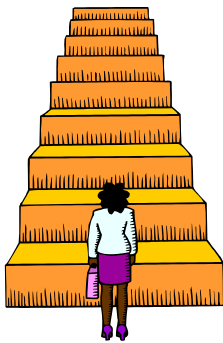
Background:

Human Resources



"The changes that matter most, the ones that really make a difference, are the ones that create the habits of a lifetime. Change is a matter of mind over body. The pursuit of balance is a lifelong journey."

~Dan Baker



**Coming next month:
Update on proposed
Colorado PERA
legislation**

The Spring Fling Fitness Challenge

The Spring Fling Fitness Challenge is an eight-week physical activity program for all Pikes Peak Regional Building Department employees. *For every 10 minutes of physical activity you complete, you will earn one point.*

When you have recorded 80 points and entered them on **www.CCReachYourPeak.com**, you will receive **5 Wellness Credits**. Employees can earn a \$200 contribution to a Medical Expense Reimbursement Plan for 2007. For more details, go to **www.CCReachYourPeak.com**.

Health Screening

Free health screenings are still available for RBD employees. Health screenings include HDL/LDL Cholesterol and triglyceride levels (fasting), glucose screenings, blood pressure check, and Body Mass Index.

Get your free health assessment screen. Health assessments are worth 5 points toward MERP award! April 28, 7:30am-10:00am—Street Division, May 18 7:30am-10:00am—Street Division, and June 15 7:30am-10:00am-Colorado Springs Airport. Call 385-5679 to schedule an appointment.

Physical Activity Tips

Studies show that people who are physically active manage stress better, sleep better, and feel better. You can earn points for activities you're already doing or use some of these suggestions (with your doctor's approval):

- Bike to work
- Walk during your lunch break – a "walking lunch" – with friends or on your own
- Take the stairs instead of the elevator

Motivation Tips

- Find something you enjoy and that will be easy for you to do
- Exercise at the right time of day
- Set specific, realistic, and attainable goals— both short and long-term
- Monitor your progress
- Don't push yourself too hard or you'll want to quit
- Reward yourself for each new goal reached
- Read about exercise and fitness
- Vary or change your routine
- Get the support of others
- Do not worry if you miss a session or two, but keep going

Source~ <http://www.timeforfitness.com>

Employee Recognition

Did you know? RBD recognizes staff who have achieved milestone anniversaries (5, 10, 15, 20 years, etc.) with an awards luncheon. This year the following were recognized at a luncheon in January at the Antler's Doubletree:



Kathy Cochran	15 yrs	Lee Guthrie	5 yrs
Joe Serio	15 yrs	Chris Morin	5 yrs
John Poch	10 yrs	Jeff Hannasch	5 yrs
Jim Austin	10 yrs	John Jones	5 yrs
Tim Allen	5 yrs	Gary Humphrey	5 yrs
Russell Kauk	5 yrs	Shelley Savage	5 yrs
Jon Brazier	5 yrs	Heather Lea	5 yrs

"Age is opportunity no less than youth itself, though in another dress, and as the evening twilight fades away the sky is filled with stars, invisible by day."

~Henry Wadsworth Longfellow



Certification Update

Congratulations to:

Bert Warchol-
ICC Residential Building Inspector Certification and ICC Commercial Building Inspector Certification

Jeffrey Evans-
ICC Building Plans Examiner Certification

Ron Glenn-
ICC Residential Building Inspector Certification

Shelley Savage-
ICC Residential Building Inspector Certification

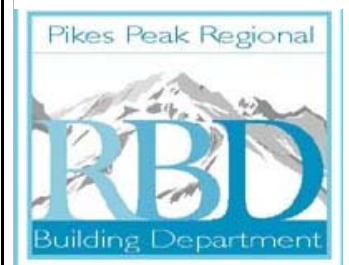
Tim Swatzell-
ICC Residential Building Inspector Certification

May Anniversaries

Jon Brazier	8th-6 yrs
Joel Segura	17th-2 yrs
Eric Reinhardt	22nd-3 yrs
Dan Friedell	24th-10 yrs
Rick Shelton	24th-7 yrs
Blaine Shelly	24th-7 yrs
Jerry Miller	24th-7 yrs
Curtis Martinell	24th-7 yrs
Jeremy Glenn	30th-1 yr

May Birthdays

Sean Angeley	1
Rosalie Hedin	2
Mike Cohagan	4
John Poch	8
Ed Krute	10
Curtis Martinell	13



Important Information

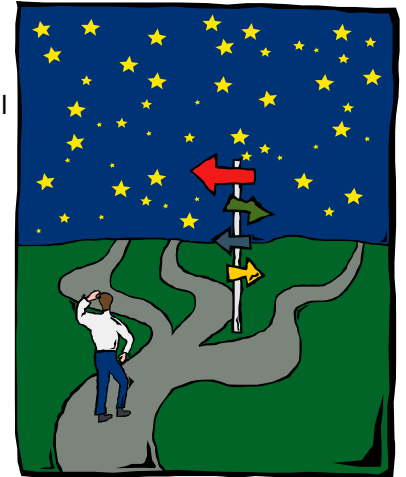
As of April 10, the Mechanical and Plumbing divisions have separated. The split will allow for more specialization and focus on technical areas.

The new **Mechanical Division**, led by Bob Croft, consists of the following personnel:

Jim Vernon-Senior Inspector, Timothy Langness-Inspector, Russell Kau-Com. Plan Examiner, Eric Reinhardt-Inspector, Dale Hoke-Res. Plan Examiner, Dick Roberts-Inspector, Jack Arrington-Inspector, Scott Ross-Inspector, Jon Brazier-Inspector, Doug Rykerd-Inspector, Tim Crippen-Inspector, Joel Segura-Inspector, Ted George-Inspector, Lynn Shrewsbury-Inspector and David Hendrian-Inspector

The new **Plumbing Division**, led by Daryl Kuiper, consists of the following personnel:

Kye Lehr-Senior Inspector, Marty Williams-Inspector, Lynn Zezula-Inspector, Tim Bush-Inspector, Lee Devlin-Inspector, Mick Traver-Inspector and Jeff Hannasch-Inspector



Note: The County has taken over the contract to provide security service for the Regional Development Center.

Pikes Peak Regional Building Department



History of RBD

The Pikes Peak Regional Building Department was created by an

agreement between the El Paso County Board of County Commissioners and the City Council of Colorado Springs in 1966 to provide for uniformity in building Code adoption and enforcement. In 1982 the Cities of Fountain, Manitou Springs, Green Mountain Falls, Monument and Palmer Lake also became parties to the agreement.

The department is administered by the Regional Building Commission, a three-member governing body consisting of an El Paso County Commissioner, a City of Colorado Springs Councilperson, and a representative from one of the five suburban parties to the agreement. This representative is nominated by the Councils/Boards and elected by the Mayors of this five entities. Commission terms are for two years.

The commission generally supervises departmental administration and directs policy. It is also responsible for preparation of the budget, which is ratified by the City of Colorado Springs Council and the El Paso County Board of County Commissioners, and to establish fees for the various permits and services. The Building Commission meets on the fourth Wednesday of each month.

Staff Appreciation

RBD would like to extend a special thanks to Frank Atchison, Bert Warchol, and Ed Krute, who have assisted with some technical training for the Office Specialists. Way to go!

Reminder

Pikes Peak Regional Building evacuation plan for RBD employees in case of emergency or fire is to evacuate to the nearest exit, and assemble in front of the building near the lamp post with the yellow tape. If you have any questions please feel free to ask John Jones or Sharon Falcone your safety personnel.

Please send newsletter suggestions or comments to Renee Adams or Pattie Starling.